

Avenham Amble 2024

Dist	Race No.	Name	Finish Time
10K	57	Dean Knight	00:54:36
10K	26	Andrew Daniels	00:55:34
10K	87	Saskia Craine	01:01:25
10K	55	Rebekah Hitchon	01:01:28
10K	25	Gabriella Conway	01:01:29
10K	19	Alice Carroll	01:03:55
10k	78	mollie moss	01:03:55
10K	24	Jasmin Carter	01:07:14
10K	18	Dominic Aspinall	01:07:24
10K	58	Hannah Lemmings	01:07:24
10K	28	Donna Evenson	01:07:40
10K	53	Clare Hambly	01:12:27
10K	77	Elysia Moss	01:15:31
10K	79	Hannah Perrin	01:28:18
10k	80	Katherine Ward	01:28:19
10K	54	Em Hirst	01:30:52
10k	59	Caroline Madden	01:31:10
17k	88	Michelle donnelly	02:12:27
Half	97	Ben Yates	01:38:50
Half	93	Neil Osgood	01:46:26
Half	91	Toby Macneil	01:59:26
Half	95	Ted Smith	02:01:11
Half	82	Paul Aitken	02:02:29

Half	92	Alex	McCann	02:14:11
Half	86	Mahesh	Buran	02:16:28
Half	94	Lauren	Postlethwaite	02:23:40
Half	96	Keith	Stuart	02:25:12
Half	266	Adam	Tysoe	02:31:41
Half	27	rick	dewhurst	02:33:35
Half	83	Carole	Bailey	02:48:31
Half	89	Paul	donnelly	02:52:44
Half	90	Christine	Lumb	04:25:49
Half	85	Paul	Blakemore	DNF
28K	256	Ewan	Atkinson	03:27:50
Mara	265	Marc	Potter	04:03:26
Mara	260	James	Braithwaite	04:51:27
Mara	258	Sophie	Birnie	04:54:52
Mara	257	Andrew	Auchterlounie	05:29:16
Mara	261	Andrew	Cardwell	05:29:16
Mara	255	Diane	Armstrong	05:42:37
Mara	264	Claire	Pendery	05:42:37
Mara	263	Adam	Lowe	05:42:43
Mara	262	Brian	Cumpsty	05:57:55
49k	270	Jake	Smith	06:02:26
49k	269	ivan	field	06:49:11
56k	268	Danny	Bailey	05:32:55