

World Diabetes Day Run 2023

No.	Name	Miles	Time
43	Lesley Smith	7.86	02:34:15
97	Declan Sheridan	10.48	02:04:34
192	Carrie Courtney	10.48	02:23:37
96	Richard Jones	18.34	02:26:30
180	Shafiq Khan	1/2 Marathon	01:40:49
29	Ted Smith	1/2 Marathon	01:52:22
99	Colette Clarkson	1/2 Marathon	02:19:09
183	Nick Armstrong	1/2 Marathon	02:28:52
93	Chris Toyne	1/2 Marathon	02:30:18
92	Sue Thurrold	1/2 Marathon	02:30:19
82	Andrea Lightfoot	1/2 Marathon	02:33:44
179	Melanie Foster	1/2 Marathon	02:41:27
89	Susan Heatley	1/2 Marathon	02:41:57
191	Joanne Sharman	1/2 Marathon	02:51:28
193	Stephanie Attenborough	1/2 Marathon	02:51:30
38	Emma Quinn	1/2 Marathon	03:16:58
98	Debbie Rogers	1/2 Marathon	03:16:58
191	Joanne Sharman	1/2 Marathon	03:21:44
193	Stephanie Attenborough	1/2 Marathon	03:21:47
94	Luisa Melidoni	1/2 Marathon	03:28:45
35	Chris Foden	Marathon	03:48:31
83	Katie Thompson	Marathon	04:23:05
25	Jade Earley	Marathon	04:38:12
81	David Irwin	Marathon	04:38:47
71	Jane Lightfoot	Marathon	04:42:05
88	Lucas Marcou	Marathon	04:42:05
186	Adam Lowe	Marathon	04:49:39
91	John Naylor	Marathon	04:54:06
90	John Kew	Marathon	04:54:16
84	Salvatore Melidoni	Marathon	05:10:32
86	Robert Davies	Marathon	05:31:55
51	Bill Smith	Marathon	06:16:41